



*Sausage
Fettuccini
Alfredo*

Tasty Parmesan and Bratwurst stir fry – the perfect rainy day meal. Serves 4.

Ingredients:

1 lb (500 g) Freybe Thuringia Bratwurst
8 oz (250 g) spinach fettuccini
1 tsp (5 ml) butter
1 cup (250 ml) half and half cream
1 tsp (5 ml) Dijon mustard
½ cup (125 ml) Parmesan cheese, grated
1-3 green onions, minced chopped and
parsley, for garnish

To prepare:

1. Slice sausage into ¼ inch rounds and sauté for one minute in butter in large frying pan.
2. Whisk in cream and mustard.
3. Bring to a boil; stir in cheese.
4. Cover and turn off heat.
5. Serve sauce over cooked pasta. Garnish with green onion and parsley.

Freybe Alternative: Weisswurst Sausage